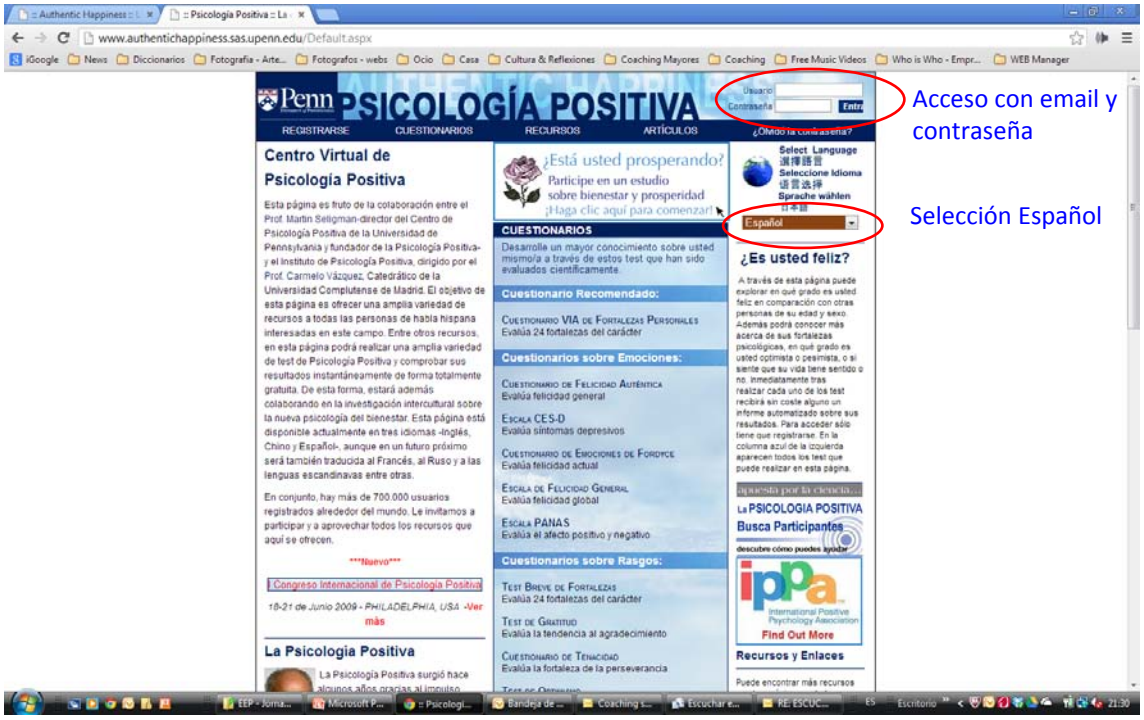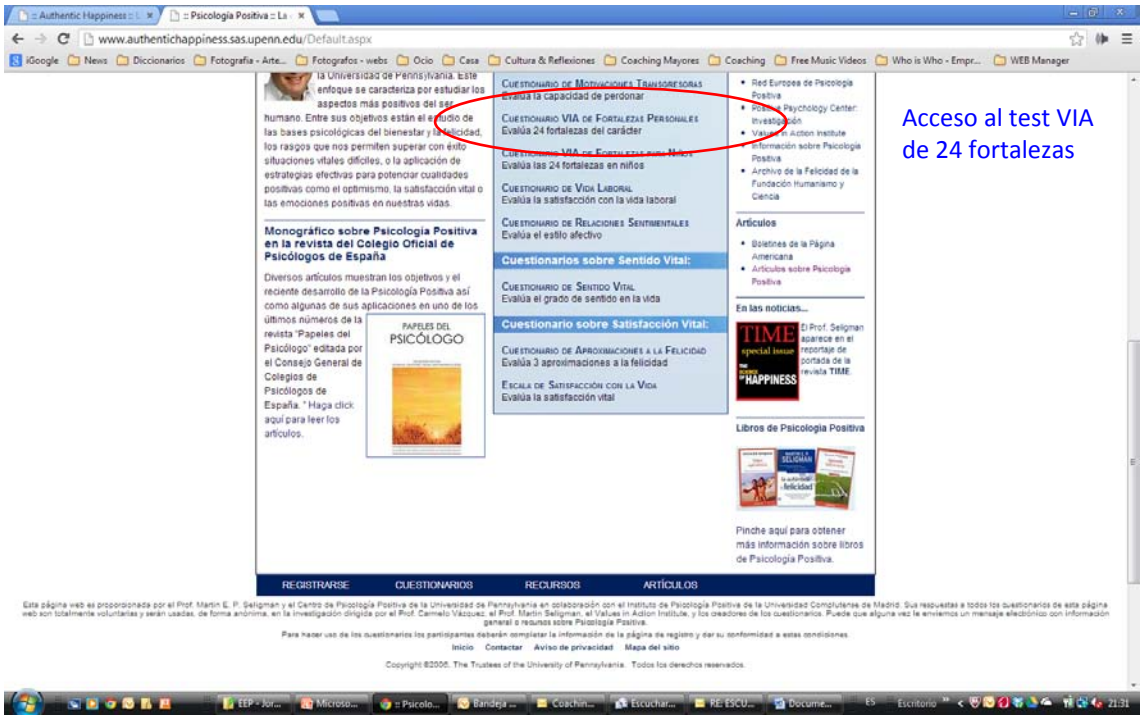http://www.authentichappiness.sas.upenn.edu/Default.aspx